

Sergio Sokol, M.D. FACC.

Our staff is lead by Dr. Sergio Sokol, a Board Certified Cardiologist with over 20 years experience in the field as a specialist. Among his many roles, Dr. Sokol is currently the Chief of Cardiology at St. John's Episcopal Hospital. With his breadth of knowledge and diagnostic experience, Dr. Sokol has consulted for hundreds of doctors on the East Coast.



NUCLEAR/EXERCISE STRESS TEST INSTRUCTIONS

1. No solid food 4 hours before the test. Water is ok.
2. No caffeine 24 hours before test.
3. Bring your cardiac medication with you.
4. Do not take the following medications 24 hours before your test: **Toprol, Lopressor, Metoprolol, Bystolic, Coreg, Carvedilol, Atenolol.**
5. If you are an asthmatic or diabetic patient, please let us know.
6. Pain medications are allowed to be taken.
7. Dress comfortably. (i.e. sneakers, sweatpants)
8. If you cannot keep your appointment, please call 24 hours in advance.
9. Expect to be in office for a few hours.
10. Refreshments will be provided.
11. If you do not have transportation, we will provide it for you.
12. Don't hesitate to ask our friendly staff any questions you may have.

Directions:

Parking

If you arrive by car, we have ample parking to accommodate you in our facility's parking lot. Should the lot be full, be sure to bring quarters for the famous Cedarhurst parking meters.

By Bus

Take the 32 from Far Rockaway to the Maple Ave. stop. Our office is located on Central Ave. between Maple Ave. and Grove Ave.

By Train

Take the LIRR to the Cedarhurst stop. Walk south towards Central Ave. and make a left of Central Ave. Walk down Central Ave. until you see our office on the lefthand side. Our office is located between Maple Ave. and Grove Ave.

From Queens:

Take the Van Wyck Expressway to exit 1E on the left towards Nassau Expressway, RT 878 East. Nassau Expressway becomes Rockaway Blvd./ Rockaway Tpke. Go over the railroad tracks and make a left on Central Ave. Our office is located between Maple Ave and Grove Ave on the lefthand side.

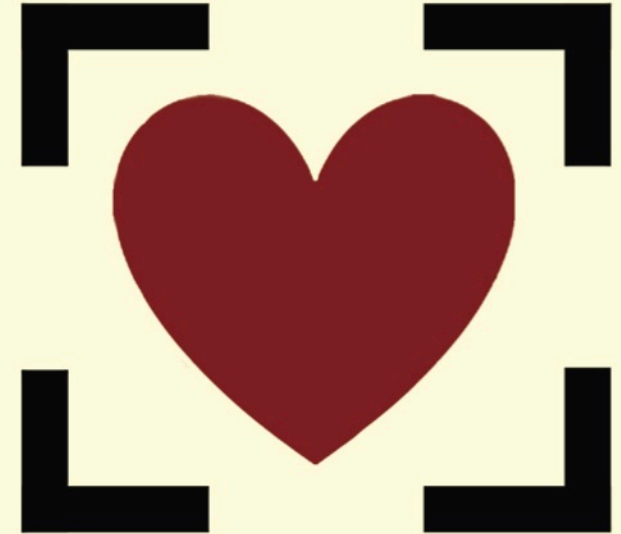
From Brooklyn:

Take the Belt Parkway East to the Nassau Expressway exit towards Kennedy Airport. Nassau Expressway becomes Rockaway Blvd. Follow the instructions from Queens.

From Eastern LI:

Take Peninsula Blvd. to Woodmere Blvd. and make a left on Woodmere Blvd. Make a right on Central Avenue. Our office is located between Maple Avenue and Grove Avenue.

FIVE TOWNS HEART IMAGING P.C.



AN AFFILIATE OF
ST. FRANCIS HOSPITAL
THE HEART CENTER

650 Central Ave. Suite K
Cedarhurst, NY 11516
Tel: (516) 804-8590
Fax: (516) 804-8591
www.ftheartimaging.com



Heart disease is one of the leading causes of death and deterioration of quality of life in the United States. Our services include many tests and screenings to help you determine your heart health, and identify the possible issues to insure better and more complete care for you. Our state of the art facility is equipped with cutting edge cardiac testing equipment for more accurate and precise results. Not only do we offer our services in our Five Towns location, we are equipped with mobile units. We can set up testing laboratories on site at your facility, operated by skilled cardiologists.



Services we offer:

- Cardiology Consultation
- Routine Exercise Stress Testing
- Nuclear Stress Testing
 - Exercise Nuclear Stress Test
 - Pharmacological Nuclear Stress Test
- Holter Monitor
- Echocardiogram
- Carotid Doppler
- Abdominal Aorta Sonogram
- Arterial Doppler



650 Central Ave. Suite K
Cedarhurst, NY 11516
Tel: (516) 804-8590
Fax: (516) 804-8591
www.ftheartimaging.com